



Dance Classes



Dance classes begin week of September 6th

Youth Dance:

Music and Movement for Little Ones:

3-4 year olds

This is a class for preschoolers who love to move! Activities include rhythmic & creative warm-ups, finger plays, body chants, imaginative stories, allegro & adagio movement, and simple dances where children can be expressive through creativity.

Wednesdays, 3:15-4:00 pm & 6:10-6:55 pm

Cost: 8 weeks - \$88

16 weeks - \$176

Instructor: Danielle Moriarty

32 weeks - \$352

Creative Dance and Ballet:

5-6 year olds

Watch your child's imagination grow! Dance activities include creative warm-ups, movement preparation for technique work in ballet, exploration of dance concepts, imaginative stories, songs, simple folk dances & choreography. Students learn to express themselves through guided movement choices, empowering them to become dance makers.

Wednesdays, 5:00-6:00 pm

Instructor: Danielle Moriarty

Cost: 8 weeks - \$112

16 weeks - \$224

32 weeks - \$448



Dance Explorers Beginning Ballet:

7-10 year olds

Come and explore ballet, theater, modern, and Jazz dance as we use our creative dance ideas together to choreograph unique stories and dances. Class always begins with ballet technique the foundation of all dance, then will move to incorporate the other forms of dance through the remainder of class.

Wednesdays, 4:00-5:00 pm

Instructor: Danielle Moriarty

Cost: 8 weeks - \$112

16 weeks - \$224

32 weeks - \$448



Youth Ballet:

10-14 year olds

This class will focus on classical ballet training that is rooted in the Russian Vaganova Technique. Dress code: Any leotard, pink tights, skirt or shorts. Pink ballet shoes. Hair pulled back in a bun or away from face.

Fridays, 4:30-6:00 pm

Instructor: Breanna Dvorak

Cost: 8 weeks - \$144

16 weeks - \$288

32 weeks - \$576

Attire for Youth Dance:

Girls - pink leather ballet slippers (pref. Bloch brand), pink tights, light pink leotard (ages 3-6), black leotard (age 7 & older)

Boys - black leather ballet slippers (pref. Bloch brand), black jazz pants, white T-shirt

*Mention our school when ordering through Discount Dance Supply - www.Discountdance.com
(Skirts and dance sweaters are optional)*



**Developing Artistry by
Inspiring the Talent Within...**

Dance Classes (cont.)

Adult Classes:

Beginning Ballet:

No experience necessary. Class will focus on learning ballet fundamentals. Dress Code: Comfortable fitness attire; ballet slippers preferred.

Saturdays, 9:00-10:30 am

Cost: 8 weeks - \$96

16 weeks - \$192

Instructor: Breanna Dvorak

32 weeks - \$384



Intermediate Ballet/Pointe:

Previous experience necessary for this class. The first 30 minutes is devoted to intense stretching, core strengthening and body alignment. Please feel free to bring a yoga or pilates mat for extra comfort. Dress Code: Any leotard, pink tights, skirt or shorts. Pink ballet shoes. Hair pulled back in a bun or away from face.

Instructor: Breanna Dvorak

(A) Wednesdays, 7:45-9:15 pm

Cost: 8 weeks - \$96

16 weeks - \$192

(B) Saturdays, 10:30 am to 12:00 pm

32 weeks - \$384

Single class - \$15

Optional Beginning Pointe: Saturdays, 12:00 to 12:30 pm

Additional Cost: 8 weeks- \$32

16 weeks - \$64

32 weeks - \$128

Single class - \$20

Adult Pilates Class:

Pilates is a unique method of conditioning the body through stretching and strengthening exercises that will help any individual achieve a full body workout. Helps improve posture, flexibility, muscle tone and balance. Recommended: yoga/fitness attire and mat (1/4" thick)

Class will be held on Wednesdays from 6:10 to 6:55 or 7:00 to 7:45 depending on interest and enrollment in Music & Movement 6:10 class. Class will begin on Sept. 7th & run for 8 weeks with contiguous 8 week sessions depending on enrollment.

Cost: 8 weeks - \$64

16 weeks - \$128

32 weeks - \$256

Single Class - \$10

Early Childhood & Dance Class Policies

1. Early Childhood Classes:

a. Single 30 min. classes are \$10 each

b. Single 45 min. classes are \$15 each

(unless you register for a full session, this is the fee per class)

2. The annual registration fee of \$25 is waived for families that sign up for the full year of Early Childhood or Dance Classes. However, no refunds will be given for individual classes missed. If the student drops the class during the year, a refund will be given for the remaining classes less the annual registration fee.

3. We reserve the right to cancel any classes if enrollment is below our minimum class size of 4 students.

4. Although drop-ins are welcome, we cannot guarantee an ongoing spot in the class without formal registration due to our small class sizes (maximum of 8 students in Early Childhood Music Classes and 10-12 in Dance Classes).

5. Classes will follow the same semester schedule as school calendar except where otherwise noted.